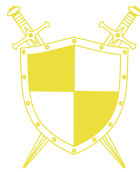


The GUARD



Like a guard, you appreciate the value of order, and understand that routines can help people succeed. Your respect for tradition and the feelings of others is valuable, but, like many people, you may be missing opportunities to develop as a person, and to challenge others to do the same.

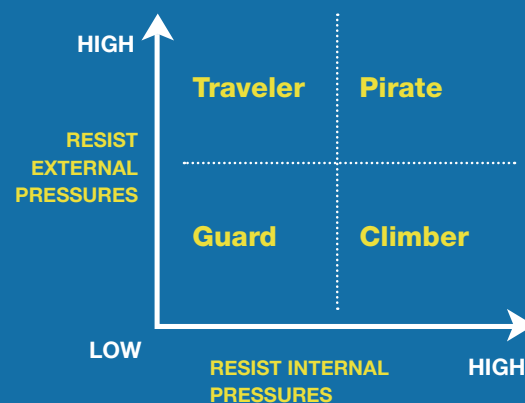
Want to develop your rebel talent? Here's something to try tomorrow: Think of all your daily routines — what you wear, what you have for breakfast, how you get to work, etc. — and see how many of them you can disrupt, just for one day. Before bed, take a few minutes to reflect: What worked out well? And what else might you change?

About the test

This test is designed to assess a person's behavior at work and in life. Two dimensions are relevant for describing a rebel's behavior: (1) rebelling against external pressures, or the extent to which a person fights the tendency to conform to others' opinions, actions, and expectations, and defies stereotypical roles and beliefs; and (2) rebelling against internal pressures, or the extent to which an individual looks beyond their own perspective and rejects the comfortable in favor of the novel and challenging. The results map onto four quadrants, each representing a rebel type. (See the figure below.)

There is no good or bad type. Each comes with advantages and disadvantages — we all stand to learn, no matter what rebel type best describes us. The type of work you do, the country you live in, the culture of your family or organization — any of these factors may impact your rebel type. There is much about the dynamics of positive rebel behavior that remains unknown, but it is my hope that seeing the results of this simple test will help you appreciate

the constructive role rule-breaking can play — and maximize your own rebel potential.



External pressures are those felt from the outside, like the pressure to conform or accept stereotypical views. Internal pressures are those felt from the inside, like a preference for the familiar and comfortable.